



Exam season has started in full for our Year 11 and Year 13 students; they have made an excellent start, demonstrating great commitment to their learning. We are aware that this is a time of some stress and worry for students, and for parents and carers as you support your daughter or son through this process; it is perfectly normal to experience this as there is a lot of pressure. As per last week's letter, we would encourage parents and carers to refer to <https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/exam-time/> and students to visit <https://www.youngminds.org.uk/young-person/coping-with-life/exam-stress/> for support. Please do contact us through <https://www.gospeloakschool.org.uk/contact-us> if you have any particular queries you wish to raise with us, or need any support. Students are receiving additional in-school revision sessions wherever possible immediately prior to exams to support those all-important last-minute preparations.

A reminder to all parents and carers that Breakfast Club is available from 8am-8.20am each day where all students are able to have a free breakfast provided in school. Please do encourage your daughter or son to access this provision; a healthy breakfast is a great start to the day and has a positive impact on student learning. You will find more detailed information later in the eZine about Free School Meals and the support available in school with meal provision for those eligible students.

Routines continue to embed around school and we have been delighted with how much 'table manners' have improved in the Restaurant and Bistro; we are delighted to let you know that students who choose to have the 'meal deal' or jacket potatoes will have plates and cutlery from Monday.

Thank you to the parents and carers who came into school on Wednesday evening for our 'Parent and Carer Forum'; these discussions are so important in gaining your views to help us to improve our school for all. Please do keep an eye on the eZine and other school communications for details of future events such as this.

As the weather improves, please ensure that your daughter or son continues to bring their blazer to school; this is part of our school uniform and students will be given permission to remove this in lessons. You may also wish to ensure that your child is taking hayfever medication should they suffer from this, and we would recommend that you visit <https://www.nhs.uk/conditions/hay-fever/> should you need any support with this. If there is a need for your daughter or son to take medication during the school day, please see <https://www.schoolbus.co.uk/compliancemanager/public/supporting-pupils-with-medical-conditions-policy/6747e87e-76ea-45ef-bb2a-432f026f86ce/11405> for guidance about how this is managed within school; please use <https://www.gospeloakschool.org.uk/contact-us> if you have any questions.

Upcoming Dates

Thursday 16th May – Yr 9 Southpaw Boxing Club Visit

Thursday 23rd May – Yr 9 Southpaw Boxing Club Visit

Words for Life - resources to encourage talking

For those of you with babies and toddlers at home, you may find [How to encourage your baby to talk | Words for Life](#) useful as you encourage them to talk.

Assembly Themes

Assembly focus this week was School Values

w/c 13/05 – Mental Health Awareness

w/c 20/05 – World Day for Cultural Diversity

Please take the time to talk to your child about what they have learnt in Assembly.

Cyber Security

Please take a look at <https://parentzone.org.uk/article/cyber-security> to support your understanding of cyber security and help to keep your child safe online.



Free for children living in Sandwell only*

Multisport Holiday Camp

Tipton Sports Academy | DY4 0BS
Weds 29th and Thurs 30th May 09:00-13:00

*Evidence of Sandwell address required.
Bookings taken in person at reception only.
Places are limited subject to availability.

For children aged 8-16 Years

Stronger Starts

www.slt-leisure.co.uk    



NEW WELL BEING CLUB



Join us on a journey of self-discovery and rejuvenation as we guide you through ancient practices to harmonize our physical and mental well-being.

The following free 12 week course includes:

- Flexibility and self-regulation techniques
- EFT tapping
- Manifesting
- Crystal work
- Positive thinking
- Breathing techniques
- Understanding Crystals and bespoke bracelet making
- Affirmations
- Vision boards and Well Being Journals

Dates:-

- Tues 7, 14 & 21 May
- Tues 4, 11, 18 & 25 June
- Tues 2 & 16 July

Time:- 15:30 - 16.30

Location:- Bistro



Please contact Ms Rolls (based near SEN) to secure your place.

Updated Year 10 Mock Examination Timetable:

Y10 Mock Exam Timetable – Tuesday 14th May
All exams in the Sports Hall unless stated




Tuesday 14th May	
Tutor (8:30am)	Tutor in normal rooms
Session 1 (9:00am)	Computer Science 1hr 30mins
Session 2 (10:00am)	
Break (11:00am)	
Session 3 (11:20am)	
Lunch (12:20pm)	Normal lunch
Session 4 (1:00pm)	PE 1hr 15mins
Session 5 (2:00pm)	RE 1hr
	Home Languages 1hr-1hr 20mins

PROTECT YOUR FAMILY AGAINST MEASLES!

TO ENCOURAGE EVERYONE TO GET UP TO DATE WITH THEIR MMR INJECTIONS, WE ARE OFFERING CATCH UP CLINICS IN SANDWELL.




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Dates: Every Saturday starting 11 May 2024
 Time: 10am – 1pm
 Venues:

-  Linkway Medical Practice, Frank Fisher Way, West Bromwich, B70 7AW
-  Lodge Road Surgery, Lodge Road, Smethwick, B67 7LU
-  Tame Valley Medical Centre, Friar Park Road, Wednesbury, WS10 0JS


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You can make an appointment by calling:

-  0121 203 2951 (for Linkway Medical Practice)
-  0121 558 0499 (for Lodge Road Surgery)
-  07535 086 912 (for Tame Valley Medical Centre)


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If you are unsure that your families' immunisations are up to date, contact your GP. Walk in clients are welcome!





We find the support you need





Helping Families Thrive

INTRODUCING.....

Fabulous FRIDAYS

Attend every day for the whole week...



You will receive your sweets in tutor time

Attend every day for the whole week...



£50 food voucher

2 winner per Year Group

EVERY Friday

Second draw is 15th May 24



You've got to be here on Friday to win it

Friday 17th May
Dropdown afternoon.



And many more activities..



To: All Parents / Carers

7th May 2024

Dear Parent/Carer,

Re: PSHE Delivery in Summer Term 2

We are writing to inform you about the upcoming delivery of Personal, Social, Health, and Economic (PSHE) education topics in our school curriculum after May half term.

At Gospel Oak School we place great importance on providing a well-rounded education that equips our students with essential life skills, knowledge, and values to thrive in today's world. PSHE education plays a crucial role in achieving this goal by addressing a wide range of topics relevant to the holistic development of our young learners.

After May half term, our students will be engaging in PSHE lessons including the following topics:

- Healthy and unhealthy relationships
- Consent
- Sexual activity
- Contraception
- STI's
- Challenging stereotypes
- Gender identity and sexual orientation
- Pregnancy
- Radicalisation

PSHE education plays a vital role in preparing our students to navigate the complexities of the modern world and make informed decisions that positively impact their lives and the lives of others.

Should you have any questions please don't hesitate to contact the school.

Regards,

Miss S Bott
Vice Principal

Gospel Oak School

Bilston Road
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West Midlands
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F 0121 506 7833

W www.gospeloakschool.co.uk

Our Ref: SBO.KH.2972

Your Ref:



To: Year 7 & 8 Parents / Carers

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7th May 2024

Our Ref: SBO.KH.2971

Your Ref:

Dear Parent/Carer,

Re: Knife Crime Talk

We are writing to inform you about an upcoming assembly focused on a critical issue affecting both our local and national community: knife crime.

On Wednesday 15th May for Year 8, and Thursday 16th May for Year 7, West Midlands Police officers will be coming into Gospel Oak School to deliver an educational assembly on knife crime. They will be educated on the law in relation to carrying a knife and the consequences of doing so.

Please note that the assembly will be conducted in a sensitive and age-appropriate manner, with a focus on fostering understanding, empathy, and proactive solutions. As part of our commitment to ensuring the safety and well-being of our students, staff and the wider community.

If you have any questions or concerns regarding the assembly, please do not hesitate to contact us at Gospel Oak School.

Thank you for your ongoing support.

Kind regards,

Miss S Bott
Vice Principal



To: All Parents / Carers

Gospel Oak School

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8th May 2024

Our Ref: HN.KH.2973

Your Ref:

Dear Parent / Carer,

Re: Free School Meals

This letter includes information to support parents/carers who have a son/daughter in receipt of free school meals (FSM). A student who is eligible for Free School Meals has a daily allowance of £2.50 and this is allocated for students to spend each day in the Bistro or Restaurant. This funding is provided by the government.

These images below show you what your son/daughter can buy using their FSM allowance.

Parents/carers may choose to add to this balance if they wish. Please remember that we do offer a free breakfast to all students - including those who are not eligible for FSM - in our restaurant between 8.00am and 8.20am each morning.

Whilst students are encouraged to use their FSM allowance on the meal combinations below, it is possible for students to use all of their allowance at breaktime. However, we strongly recommend that students use their FSM allowance at lunchtime. Water is provided free of charge for all students and so the FSM allowance should not be used for drinks.

If you have had a change in circumstances and believe that your son/daughter may now be eligible for Free School Meals please use this link to check [Apply for free school meals - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

If you have any questions please do not hesitate to contact me via [Gospel Oak School - Contact Us](#)

Yours sincerely,

Hayley Nutting
Vice Principal

MEAL DEAL

MID MORNING BREAK/ LUNCH
CHOOSE FROM

TOAST + JACKET POTATO WITH 2 FILLINGS

TOAST + HOT DOG

TOAST + JUST SANDWICH

TOAST + CHICKEN BURGER

TOAST + PASTA WITH 1 TOPPING

TOAST + CHICKEN NUGGETS & CHIPS



USE YOUR £2.50
SCHOOL MEAL ALLOWANCE FOR
SOME GREAT COMBOS

MEAL DEAL

LUNCHTIME COMBOS
CHOOSE FROM

PLAIN PIZZA + TRAYBAKE

PLAIN PIZZA + WEDGES

PASTA + GARLIC BREAD

PLAIN OR TOPPED PIZZA + FRUIT POT

JACKET POTATO WITH 1 FILLING
+ FRUIT POT



USE YOUR £2.50
SCHOOL MEAL ALLOWANCE FOR
SOME GREAT COMBOS

MEAL DEAL

MID MORNING BREAK/ LUNCH
CHOOSE FROM

CHICKEN NUGGETS + CHIPS

CHICKEN NUGGETS + FRUIT POT

CHICKEN NUGGETS + PLAIN JACKET POTATO

NACHOS + CHIPS

NACHOS + FRUIT POT

NACHOS + PLAIN JACKET POTATO

CHICKEN WINGS + CHIPS

CHICKEN WINGS + FRUIT POT

CHICKEN WINGS + PLAIN JACKET POTATO



USE YOUR £2.50
SCHOOL MEAL ALLOWANCE FOR
SOME GREAT COMBOS

MEAL DEAL

MID MORNING BREAK/ LUNCH
CHOOSE FROM

HASH BROWN + JACKET POTATO WITH 1 FILLING

HASH BROWN & TOAST + PIZZA SLICE

WEDGES + JACKET POTATO WITH 1 FILLING

CHEESE ON TOAST + JACKET POTATO WITH 1 FILLING

CHEESE ON TOAST + PLAIN PIZZA

CHEESE & TOMATO TWIST + JACKET POTATO WITH 1 FILLING

CHEESE & TOMATO TWIST + PLAIN PIZZA

PIZZA BAGEL + JACKET POTATO WITH 1 FILLING



USE YOUR £2.50
SCHOOL MEAL ALLOWANCE FOR
SOME GREAT COMBOS



To: All Parents/Carers

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9th May 2024

Our Ref: SBr.KH.2959

Your Ref:

Dear Parent/Carer,

Re: Class Charts

In our continued pursuit to improve communication with you and the consistency surrounding behaviour here at Gospel Oak School we have made to decision to move over to a new behaviour management system – Class Charts.

From the Monday 13th May this will replace how we currently log behaviour and will be used within school to log and track all student behaviour. You will receive an email from Class Charts with your unique log in information and this will allow you to track your son's/daughter's behaviour through the Class Charts platform and app.

With the introduction of Class Charts' reward store, we are excited to enhance our positive reinforcement strategies and further motivate our students towards exemplary behaviour and academic achievement. The reward store offers a diverse range of incentives, from tangible rewards to privileges and acknowledgments, providing students with meaningful incentives to strive for excellence.

- Class Charts not only enhances our ability to track and manage student behaviour internally but also strengthens our communication with parents/carers.
- Ensuring transparency and consistency in upholding our behaviour policy.
- Through the platform's parent/carer app, parents/caeres have real-time access to their son's/daughter's behaviour records, including both positive achievements and areas for improvement.
- This increased transparency fosters greater collaboration between school and home, enabling parents/carers to reinforce positive behaviours and address concerns promptly.
- Moreover, Class Charts facilitates consistent enforcement of our behaviour policy by providing a consistent, quick and easy framework for recording and addressing behaviour incidents in and out of the classrooms.
- This ensures that expectations and consequences are clear and uniformly applied, promoting fairness and accountability throughout our school community.

You will be able to use Class Charts to keep track of your son's/daughter's achievements, access behaviour reports, and scheduled detentions.

If you have more than one son/daughter at the school, you can use the same account to view data for all of them. Class Charts for parents/carers can be accessed via the website, or iOS and Android apps. Further guidance can be found on our school website. [ClassCharts-Guide](#).

Class Charts is one step we are taking to build relationships with parents/carers.

We look forward to hearing from you and working together to make a difference in our student's lives.

Yours sincerely,



Mr A Hickinbottom
Assistant Principal