



Thank you to the many Year 10 parents and carers who visited us last week on Wednesday for our Parents' and Carers' Evening; it was lovely to see so many of you. We hope you found it a helpful evening as we continue to work together to help your child to achieve the very best possible results at the end of Year 11. We shared information about the upcoming summer exams for Year 10s, and their most recent reports; if you were unable to attend, this information has been distributed via the Year Team. Please do contact Mr Wilson or Mrs Clew if you have any questions about this.

Next Wednesday sees our Year 9 Options and Parents'/Carers' Evening for Core Subjects; again, we're looking forward to seeing as many Year 9 parents and carers as possible as students move towards the crucial options' process; there are many discussions to be had and many decisions to be made and this evening is a key part of this process. Bookings for Maths, English and Science appointments are now live on Arbor; please contact us if there are any difficulties with booking appointments.

World Book Day takes place on Thursday 7th March, and a number of staff will be getting dressed up as book characters; please encourage your child to try to identify the character as we explore different ways in school to celebrate the importance of reading. We have previously shared information with you about Trust-wide competitions linked to this; again, we are grateful for your support in enabling your child to take part in these activities.

Thank you to our Geography department who have run field trips for our Year 11 students over the last fortnight to support our Year 11 learners as they move closer to their GCSE Geography exam, and to our PE department who took students from Y8-10 to Arrow Vale to participate in a Trust-wide handball tournament; these wider learning experiences are so important and contribute so much to future success.

Upcoming Dates

Monday 4th March – Year 9 DTP/MenACWY Vaccine
 Wednesday 6th March – Guided Choices Evening
 Thursday 14th March – Year 9 & 10 Yonex All England
 Open Badminton Visit – Utility
 Arena

Assembly Themes

Assembly focus this week was Respect
 w/c – 04/03 – World Book Day
 w/c 11/03 – Science Week
 Please take the time to talk to your child about what they have learnt in Assembly.

Year 11 – BTEC Music

Please note that there is an external exam on Tuesday 5th March at 9am for Year 11 BTEC Music students; this is their Component Three exam. Students should arrive at school as normal, and the exam is sat in full exam conditions. As always, students are required to wear full school uniform for their exam.

Dance

Please ensure that if your child has a dance lesson on their timetable that they bring their PE kit to change into at school.

Year 11 One-to-One Online Tutoring

Login details which include the days and times of online tutoring sessions have now been given to students and sessions should now have started. Please accept our apologies for the delay with this; sessions will hopefully prove to be very useful, and we would remind students who are participating in these sessions that they are able to request specific support on the topics they feel they need help with if they wish to do so. Teaching staff have supported the programme by identifying key areas that they know will help the students as we move ever closer to the final exams.

This is an opportunity that has come to us from the Public Health Development Officer for Tipton:

Love your Life

Life in Community

Join us from
Monday 4th March 2024
Time: 9.30- 11.00am
Location: St Johns Church Hall,
Upper Church Lane, Tipton,
West Midlands DY4 9ND

only

Love Your Life

'Love Your Life' is an empowerment programme for women who are looking for support to improve their mental wellbeing, increase their confidence, whilst offering therapeutic support to address more deep rooted issues. We aim to use reflective and mindfulness techniques, to support participants to; build their confidence and self-esteem and promote positive well-being. We will be running a 12-week programme from starting from 4th March 2023 at 9.30am (to coincide with the school run).

The course will cover areas such as:

- Who Are You! What's your Labels?
- Let's talk about Stress – Your Stress Bucket
- It's time to face your FEARS? – Navigating the nervous system.
- It's an Alarm – Five Alarm Modes – Looking triggers and responses, Fight, Flight, Freeze, Fawn, and Faint
- What's on your Mind? – Mind Energy – Positive self-talk, Thinking, Choosing, Feeling, Blast those negative ninjas.
- Moving onward and upwards – Bringing out your happiness, staying Present, Steps of Change, Taking it day by day

SHAPE YOUR TALENT 2024



SHAPE Your Talent is a talent competition for young people aged 8-19 year olds (up to 25 for young people with additional needs) who live, work or are educated in Sandwell.

APPLICATIONS FOR SHAPE YOUR TALENT 2024 ARE NOW OPEN!

To apply for SHAPE Your Talent, please complete the application form [here](#), and we will be in touch with you shortly.

If you have any issues completing the form, please email us on shape_events@sandwell.gov.uk

GCSEPod

All students in Years 7-13 have access to GCSEPod to support learning. If your child is in Years 10 or Year 11, they should be making regular use of GCSEPod in the subjects they are studying in Key Stage 4. Whilst GCSEPod does not support all of our options, there is extremely useful content for all core subjects as well as many of the options' subjects. Teaching staff will use GCSEPod in different ways with their groups; for example, some may use it to support lessons, and others may use it for home learning; all students can use it to support their revision and looking ahead to future learning. There are a couple of webinar opportunities which may be of interest:

Wednesday 6th March, 3.30pm - 'Easter Revision Preparation' for students; Year 11, and also Year 10 students given the proximity of their summer mock exams, may find this beneficial.

Wednesday 14th March, 3.30pm - 'KS3 Subject Spotlight: History' may be useful to students In Y7-9 wishing to explore how GCSEPod can support them with learning in History.

Tuesday 23rd April, 5pm - 'Supporting students through exams' is a webinar for parents and carers; this can be accessed by visiting [Access GCSEPod: Supporting students through exams - 1627795 \(webcasts.com\)](https://www.webcasts.com/Access-GCSEPod-Supporting-students-through-exams-1627795)

Please note that not all subjects will make use of GCSEPod in the ways that may always be outlined by the webinars, as schools determine their usage of the platform on an individual basis; however, they will give an excellent idea of the kinds of opportunities available to support student learning and progress.

Mock Interview Day

This week Gospel Oak ran mock interviews for our sixth form students. Every pupil had an appointment for a mock job interview with an industry professional from various sectors involved in the event were interviewers from a diverse range of companies and organisations. We really appreciate the time that the interviewers kindly provided to support our students with a crucial life skill. A huge well done to every sixth form student who took part, and a huge thank you to all of our interviewers and to raising aspirations.





World Wildlife Day

It is World Wildlife Day 3rd March and we would like to celebrate by taking part in the Spring Wildlife Watch. We would like all KS3 students to take part by completing a wildlife log for their local area documenting the wildlife they see.

All Wildlife logs need to be returned to the science department by 15th March as we would like to share some of the wildlife you have spotted in the local community.

* Paper copies will be available from F13 and electronic copies have been emailed to all students and parents.



BTO Garden BirdWatch

Weekly recording form (SPRING)
















Use this sheet to keep track of your observations throughout the week, before submitting them online.

1. What date(s) did you complete your Garden BirdWatch?

2. What birds did you see in your garden this week?

Keep a tally below of the maximum number of individuals seen at any one time.

 Blackbird	 Blue Tit	 Carrion Crow	 Chaffinch	 Coal Tit
 Collared Dove	 Dunnock	 Goldfinch	 Great Spotted Woodpecker	 Great Tit
 Greenfinch	 House Sparrow	 Jackdaw	 Long-tailed Tit	 Magpie
 Robin	 Song Thrush	 Starling	 Woodpigeon	 Wren

What other birds did you see?
















I did not see any birds in my garden this week

Do you have birds nesting in your garden? You can tell us about them through this survey: www.bto.org/nesting-neighbours

LOOK OUT FOR...

Birds will start pairing off and nest building from late February onward. At this time of year, many migrant species such as **Swifts**, **Swallows** and **House Martins** will start to arrive. Garden Birdwatch usually sees a peak in **Dunnock** records during February and March, obvious as males begin to establish territories with their loud "squeaky wheelbarrow" song.

3. What other wildlife did you see in your garden this week?

 Brimstone	 Comma	 Painted Lady	 Peacock	 Red Admiral
 Small Tortoiseshell	 Common Frog	 Common Toad	 Cat	 Brown Rat
 Grey Squirrel	 Hedgehog	 Rabbit	 Red Fox	 Wood Mouse

What other species did you see?

This may include Bumblebees, Dragonflies, Newts etc. Please see our website for more details about what we record.

I did not see any other wildlife in my garden this week ← You looked for other wildlife but did not see any


I did not look for any other wildlife in my garden this week ← You ignored other wildlife in your garden and just counted birds

Any other comments


Return this to your science teacher – we will be featuring some of your wildlife sightings online!

You can also submit your wildlife sightings online to be part of the Garden watch <https://www.bto.org/>


Love your Life




LOVE
INSPIRATION
FREEDOM
EDUCATION




← OLD LIFE →
← NEW LIFE →



CREATE
LIFE
YOU
LOVE



**Join us from
Monday 4th March 2024
Time: 9.30- 11.00am
Location: St Johns Church Hall,
Upper Church Lane, Tipton,
West Midlands DY4 9ND**



only



Lifeline Money Wise

Cooking on a budget!

Get Top Tips!

Join our 8 week cooking & budgeting class starting Friday
23rd February 2024

**Fridays
9:30am - 11:30am**









Attend all eight sessions and walk away with a small cooking appliance.

**For more information
text 'BUDGETING' to
07752659257**







Life Tots

Family Playgroup


**TUESDAY AFTERNOONS
DURING TERM TIME**

1PM – 2.30PM
ST JOHN'S CHURCH HALL, UPPER
CHURCH LANE, TIPTON, DY4 9ND
£2 PER FAMILY

FRIENDSHIP & COMMUNITY
CREATIVE ACTIVITIES
SNACKS & REFRESHMENTS INCLUDED


**For more information
text 'PLAY' to
07752659257**



at St John's Tipton Church Hall

Winter Timetable 2024

Motivation Mondays Mondays 12pm - 7pm

Lifeline Advocates Support Drop In
Lifeline Advocates

LIC Community Money Advice Connect Centre
Life and DEBT

Welcoming Spaces Warm Hub
5pm - 7pm

Lifeline Ladies Menopause Support
6pm - 7pm
Lifeline Ladies Menopause NEW

Walk & Talk 6pm - 7pm
Walk & Talk

TOASTIE Warburton's

Don't Forget to 'Come and grab a loaf!' Every Wednesday!

Terrific Tuesdays Tuesdays 1:30pm - 7pm

Bingo run by St John's Church
1st Tuesday of each month
11am - 1pm

Life Tots 1pm - 2:30pm
Life in Tots NEW £2 per family

Love your Life Kidz Youth Club
4pm - 5:30pm
love your Life Kidz £1 per person

Lifeline SEN Group 6pm - 7pm
Lifeline SEN NEW

Wellbeing Wednesdays Wednesdays 11am - 5pm

Lifeline Light Exercise 11:15am - 12pm
Lifeline Light Exercise £2 per person

Coffee, Cake & Crumpets Well-being Session
12:30pm - 2:30pm
Coffee Cake & Crumpets £2 per person

Welcoming Spaces Warm Hub 3pm - 5pm

Me, You, Coffee & Zoom
1st Wednesday of each month 7pm-8pm
Me, You, Coffee & Zoom

Focus Fridays Fridays 11am - 3pm

Lifeline Advocates Support Drop In
Lifeline Advocates

Lifeline Moneywise Cooking on a budget
Lifeline Money Wise

Welcoming Spaces Warm Hub 11am - 3pm

Life in Community General Drop In
Drop In

FIND US ON SOCIAL MEDIA

Facebook: [LifeinComTipton](#)
Twitter/X: [@LifeinComTipton](#)
Instagram: [LifeinComTipton](#)

**Call or text 'LIFE' to
07752 659257
for further information**



First Aid

for parents and child carers

What's included

- ✓ Practical 3-Hour Course
- ✓ Infant and Child Incident Training
- ✓ CPR and Defibrillator Application
- ✓ Recognised FAIB Certification

ONLY £30

Thursday 14th March 2024
FST Training Centre - Birmingham

www.forwardsteptraining.co.uk



Join us to sound out their options!

DISCOVER!

creative careers

18th April 2024
6.30 to 7.30pm

Our 1-hour virtual open evening for parents & carers...

CLICK HERE >> TO BOOK YOUR PLACE

Did you know that the British creative industries are booming? We can help your child to find creative career opportunities and feel inspired to go after them!

Together with Discover! Creative Careers Week 2024, 18th – 22nd November, we will be delivering a week of FREE virtual sessions to state schools and colleges – including face-to-face opportunities in some regions – to showcase careers in creative tech, film, animation, design, music, fashion, publishing, architecture, crafts, heritage, museums, galleries and more!

Young people will be able to access 3-5-hour insight days and longer work experience placements, 1-hour industry spotlight career talks and inspirational talks with speakers – all advertised on the Speakers for Schools website.

Join us to find out more...

The Discover! Creative Careers 2023 – 2025 programme is funded by the Department for Culture, Media and Sport with additional support from Arts Council England



HM Government



Supported using public funding by
ARTS COUNCIL ENGLAND

