



## Evaluation

This is an evaluation on the dance we performed and choreographed. Our stimulus is 'treasured memories'. We then all came together to think of ideas to do with the stimulus. Straight away we all sort of had an idea which fit in the stimulus. Dance is about grieving and everyone will experience it in different ways. The dance educates the audience by showing them it's okay to feel different when grieving but no one is alone. My solo shows my memory with Henry and our special memory shared through a photo frame. Our dance is appropriate for all the public because everyone will experience grief in their lifetime. The dance we created came to 11 minutes which was way above the time limit. Our dance also showed different memories in the treasured items. We all had a separate memory shared with Henry but we all came back together in the end to show the friendship. It also shows you that not everyone has to grieve alone.

When choreographing this dance we all knew how we wanted it to go. The dance starts off as a group then splits off into solos and duets. Then at the end we all come back together. Throughout the process I think I used my time when rehearsing. I made sure my solo was perfect before getting to performing. The amount of ideas put into this dance was good because we all had different choreography. I think the hardest bit about this process was reaching that time limit. At the start lots of us didn't have a clue what to do for solos and duets. The way we overcame this was by booking out the dance studio after school. We wanted a contrast between colours so for every other bit of the dance we were in comfortable clothes. Then in the funeral at the end we all wore black to show respect to the loss of our friend.

My performance was probably the best I have done throughout this process. I stayed in time and made sure I hit all my moves. My solo showed musicality and extension. My tricks were sharp which made a huge difference. My duet with Henry showed connection through our treasured memory. I also stayed in character and this improved my performance a lot. I think my facial expressions could have been bigger when doing my solo to show my pain and grieving process. In the funeral at the end I could have extended my leap and arms. If I did this my leap would have been bigger and would have stood out more. The outfits really showed that the passing of someone can come at anytime. That's why we wore relaxed

[REDACTED]  
[REDACTED]  
[REDACTED]

clothes at the start. In my solo my spin was not as good as it could have been. To improve this I need practice my balance.

My key strengths that show the brief are my flexibility and extension. I really think my flexibility helped the performance because you can make the skills a lot smoother. Such as the round kick presented in the first and last part of the dance. Also my leap was elevated and powerful. Extension in my arms and legs was almost perfect. I extended right to my toes and right to my fingers to really make my moves bigger for the audience to see. The lift with Henry also showed friendship and connection. This was one of the main things we wanted to get perfect because not every dance has a lift in it.

If we had a longer amount of time to rehearse the dance I would have choreographed much more for my solo. I could have added in a few more tricks and spins to make the dynamics better. I would have also added in another lift to show the connection between me and Henry. If we had more time I would have liked to add in a group lift to show how powerful the friendship is in our group.